NOTE: Eight tests to be selected by the teacher.
MARKS: 60
TIME: For writing the plan of work 1\(\frac{1}{2}\) hour
      For preparation on day of test 10\(\frac{1}{4}\) hour
      For test 2\(\frac{1}{4}\) hours

INSTRUCTIONS TO CANDIDATES FOR PREPARATION SESSION
Study the test you have been given.
You are given 1\(\frac{1}{2}\) hours in which to:

1 (i) Make a plan of work (in duplicate using carbon paper) giving:
      - the number of the test you have drawn.
      - a list of dishes chosen with recipes (not the method).
      - the article(s) to be laundered (a full description should be given, -
        e.g. dirty small, coloured cotton table cloth).
      - the article(s) needed for housewifery.

(ii) On the plan of work show the basic method you are going to use and
      the order in which you are going to do your test, indicating the time at
      which you will start each piece of practical work.

2 On another sheet of paper (in duplicate using carbon paper) make:
   - A list of ingredients you require.
   - A list of cleaning materials you require.
   - A list of equipment you will need.

NOTE: recipe books may be used during the preparation session, but they
      must not be used during the Practical Examination, as you will refer
to your plan of work.

Cell phones are not allowed in the examination room.

This question paper consists of 4 printed pages
1. It's a traditional competition day.
   (a) Prepare a traditional meal from your province or area.
   (b) Clean a pounding mortar and a pestle you have used.
   (c) Clean your grandmother's canvas shoes.
   (d) Show how you would take care of a flower garden.
   (e) Display your work attractively.

2. The Senior Standard Officers are coming to visit your school.
   (a) Demonstrate your skills in cake making to make Victoria sandwich cake.
   (b) Make a pot of coffee.
   (c) Clean a stainless steel tray you will use to serve the coffee.
   (d) Launder a food cover.
   (e) Make a bouquet of flowers.

3. Your sister is having a baby shower.
   (a) Prepare nourishing porridge for the baby.
   (b) Prepare some biscuits using 100g of flour.
   (c) Make a beverage to go with the biscuits.
   (d) Launder a pilcher pant for the baby.
   (e) Pack the baby's layette.

4. Your brother has been invited to attend interviews.
   (a) Launder his shirt and a pair of trousers he is going to wear.
   (b) Clean his leather shoes.
   (c) Prepare a quick mixed meal for his lunch.
   (d) Make a cold drink.
   (e) Display your work attractively.
5 Your aunt is coming.
   (a) Prepare a two course meal for her comprising nshima, vegetable and protein dish.
   (b) Make a fruit salad.
   (c) Launder a white cotton table cloth.
   (d) Set a dinner table for two.
   (e) Display the work.

6 Your friends are coming for a tea party.
   (a) Make small cakes from 200g of cake flour using rubbing in method.
   (b) Using creaming method make a Victoria sandwich cake.
   (c) Prepare a hot drink to go with the cakes.
   (d) Launder a woollen cardigan.
   (e) Display the food attractively and ready for people to eat and also display the cardigan.

7 You are doing your weekly kitchen cleaning.
   (a) Prepare jam tarts and tea.
   (b) Clean the kitchen sink.
   (c) Wash and iron kitchen towels.
   (d) Make Shepard’s pies.
   (e) Clean two (2) China side plates and display your work.

8 You are going for a church youth camp.
   (a) Using 200g flour, make short crust pastry and make some sausage rolls.
   (b) Make a vegetable salad.
   (c) Launder a cotton attire you are going to wear.
   (d) Clean a bag and equipment you are going to use for packing the food and drink.
9 You have been told to go and help in an old people’s home.
   (a) Prepare Toad-in-the-hole and accompaniments.
   (b) Launder a cotton dress and a coloured chitenge.
   (c) Clean a kitchen window.
   (d) Prepare a refreshing drink.
   (e) Display the work.

10 You are going to school to write examinations.
   (a) Prepare yourself a breakfast which you will enjoy.
   (b) Prepare and pack a drink to go with a sandwich.
   (c) Launder your uniform shirt.
   (d) Clean your school bag.
   (e) Display the work.
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